



Japanese culture experience Tour

6 Nights 7 Days



LUKES Co.,LTD.

Travel Agency registered with a Nara governor No. 3-213

<https://www.lukes-japan.com/>

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1st Day



0:00 Kansai International Airport Terminal 1
Airport pick-up by small sightseeing bus
0:00
Bus departure

0:00
Arrival at Kandeo Nara Kashihara Hotel
Check-in / Large bath and open-air bath

2st Day

6:30 ~ Hotel Breakfast
9:00 Departure from Hotel

Microbus & walking



10:00
① Nara Kasuga Taisha Shrine
11:00 - 12:00
Lunch (Kasugano)
12:00- 15:30
② Nara Todaiji Great Buddha Hall, etc.
Nara Park / Playing with deer

16:30
Arrival at Kandeo Nara Kashihara Hotel

17:00
Dinner (Yamato Yagi Station area)

19:00
Kandeo Nara Kashihara Hotel
Check-in / Large bath and open-air bath

3nd Day

6:30 ~ Hotel Breakfast
8:30 Departure from hotel

Walking (all day)



9:00 – 10:50
③ Orientation (Imai-cho Hanairaka)

10:00 – 13:00
④ Kimono dressing experience
(Imai-cho Community Center,
Japanese-style room)
⑤ Imai-cho Historical Walk
(Walking around in Kimono)

13:00 – 14:00
Lunch (Yokota Sushi)

14:00 – 16:00
⑥ Ninja Training Experience
(Imai-cho Hanairaka)

17:00
Return to the hotel and rest

18:00 – 19:30
⑦ Japanese Food Culture Experience
(Dinner: Kushiyaki, Okonomiyaki, etc.)

20:00 Kandeo Nara Kashihara Hotel
Large bath and open-air bath

4th Day

6:30 ~ Hotel Breakfast
9:15 Departure from hotel

Microbus & walking 

9:30 – 10:30
⑧ Official visit to Kashihara Shrine

10:40 – 11:45
⑨ Tour of the Museum of the
Archaeological Institute of Kashihara

12:15 – 13:30
⑩ Lunch at JA Mahoroba Kitchen, Kashihara

14:00 – 15:00
⑪ Aikido Experience (Imai Town)

15:30 – 16:30
⑫ Sumo ring experience
(Kehaya-za, Katsuragi City)

17:00
Return to the hotel and rest

18:00 – 19:30
Dinner (Yamato Yagi Station area)

20:00 Kandeo Nara Kashihara Hotel
Large bath and open-air bath

5th Day

6:30 ~ Hotel Breakfast
9:00 Departure from Hotel

Walking (all day)

9:30 – 11:00
⑬ Calligraphy Experience
(Imai Community Development Center)

11:30 – 13:00
⑭ Sushi Roll Making Experience (Lunch)
(Imai Community Center, 1F practice room)

13:30 – 15:00
⑮ Tea Ceremony (Shonenji Temple, Imai-cho)

15:15 – 16:30
⑯ Making Igusa Coaster (Hana Iraka)

17:00
Return to the hotel and rest

18:00 – 19:30
Dinner (around Yamato Yagi Station)

20:00 Kandeo Nara Kashihara Hotel
Large bath and open-air bath

6th Day

6:30 ~ Hotel Breakfast
9:30 Departure from

Microbus & walking

10:15 – 11:00
⑰ Umeda Sky Building,
Sky Garden Observation Deck
⑱ Lunch Chinese cuisine `SANGU`
(in Umeda Sky Building)

13:00 – 14:30
⑲ Osaka Castle
(Meet a local volunteer guide)

15:00 – 16:00
⑳ Dotonbori (Shinsaibashi area of Osaka)

17:30 – 19:00
㉑ AEON MALL Kashihara
Dinner (The Buffet Diner)

19:30 Kandeo Nara Kashihara Hotel
Large bath and open-air bath

7th Day

0:00~ Hotel Breakfast
Check out
0:00 Departure from Hotel

Small sightseeing bus



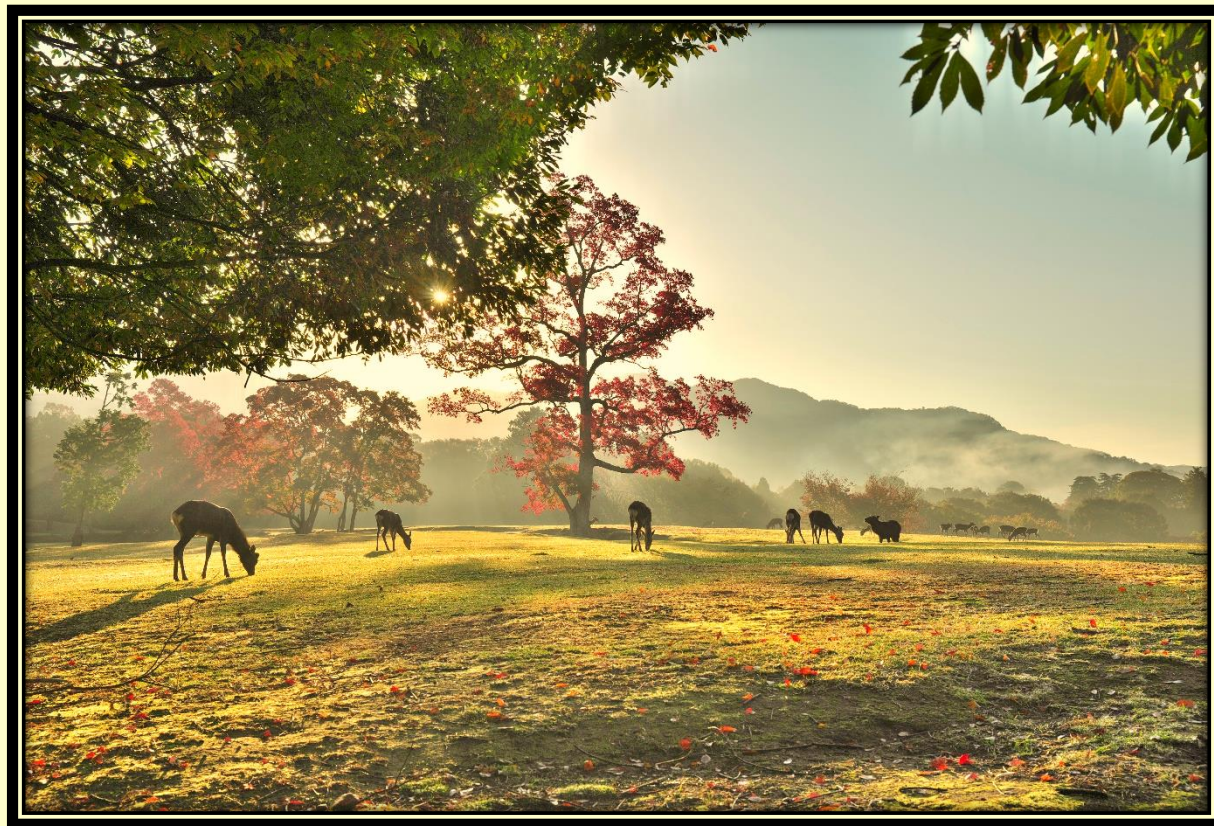
*This is an example of a flight plan.

※The above flight plans are examples.

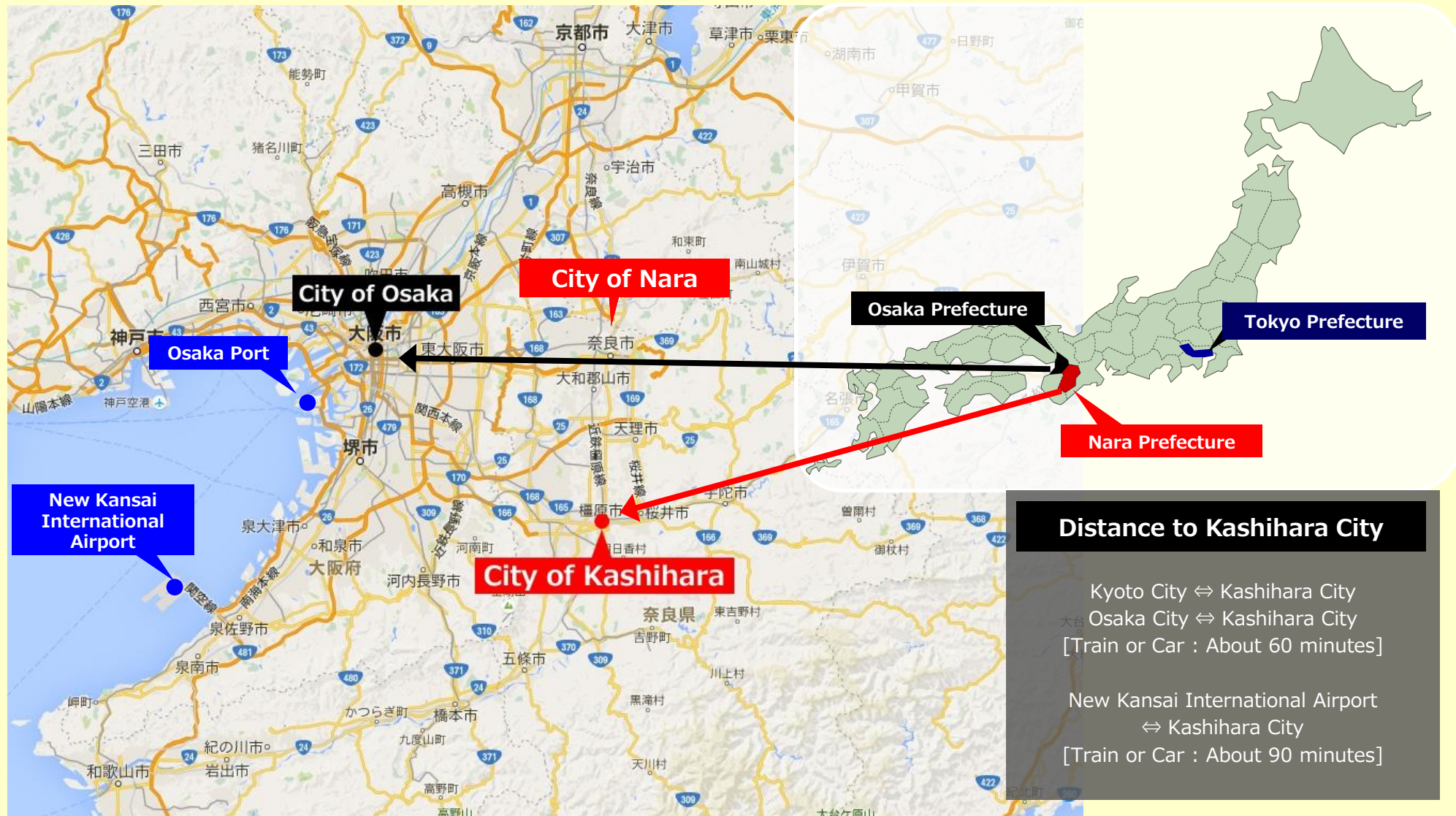
We do not arrange or purchase airline tickets.

*This is a plan proposal at this time. Please note that details are subject to change depending on weather conditions, the environment in which the project is implemented, and other factors.

■ Travel arrangements: LUKES Corporation
(Registered as a travel agency by the Governor of Nara
Prefecture, No. 3-213)



Location of Kashihara City and Nara City



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■ Kasuga Taisha Shrine

Ancient myths tell us that about 1300 years ago when the national capital was built in Nara, Takemikazuchi-no-mikoto came all the way from Kashima Shrine (Ibaraki Prefecture) to Mt. Mikasa, which is considered a holy mountain, to dwell on its summit "Ukigumo-no-mine" for the prosperity of the nation and happiness of the people. Later on, when Tempyo Culture flourished, the political leader Fujiwara-no-Nagate built magnificent buildings on the present site of the shrine as ordained by Empress Shotoku. On November 9, 768, he enshrined several gods here, namely Futsunushi-no-mikoto from Katori Shrine (Chiba Prefecture), and Amenokoyane-no-mikoto and Himegami from Hiraoka Shrine (Osaka Prefecture). This is how Kasuga Taisha began.



■ Nara Park

Deer's Are A National Natural Treasure



The deer's at Nara Park are a national natural treasure of Japan. There are 236 male deer's, 715 female deer's and 229 fawns. The 1180 deer's roam freely in and around the park and they are very friendly. Tourists can buy deer senbei's (deer crackers) to feed them. According to local folklore, deer's from this area was considered sacred and divine. Nara Park may be the only place in the world where you can interact with wild deer's in the heart of the city.



■ Todai-ji Temple Hall Of The Great Buddha National Treasure

Todai-ji Temple is one of the most famous and historically significant temples in Japan. The temple was constructed in 752 as the head temple of all provincial Buddhist temples of Japan. Todai-ji's main hall, the Big Buddha Hall, is the world's largest wooden building. And the Buddha is 15 meters tall.



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Imai Machinami Koryu Center "Hana Iraka"

'Hana Iraka' was built in 1903 in the southeastern part of Imai Town, Nara Prefecture, as the Takaichi County Museum of Education. It is designated as a cultural asset of Nara Prefecture.

The orientation will be held at this historical building, 'Hana-iraka'.



Japanese Kimono Experience

One of the first things people think of when thinking about Japan is a Kimono.

Experience the wearing of a traditional Japanese Kimono, dressed by a professional in the art of Kimono wearing.

What Kind Of Fabrics Are Used?

Traditionally, Kimonos are sewn by hand. The Kimono and Obi are traditionally made of silk, silk brocade, silk crepes and satin weaves. Modern Kimonos are widely available in less expensive easy-care fabrics such as rayon, cotton sateen, cotton, polyester and other synthetic fibers. Silk is still considered the ideal fabric.



Imaicho

Going to Imaicho is like taking a time machine back to the Edo-Period. Imaicho is a unusually large preserved historic district where traditional old-style Japanese houses from the Edo Period still stand. Not only can you walk around the neighborhood but you can actually step inside some of the houses which are more than 350 years old. Being in Imaicho makes you feel like you traveled back to the time where Samurai's and Ninja's roamed the streets.



10

飾り瓦の町並み
今井町

檀原市 今井町



町の6割が伝統的建造物として残る日本でも有数の歴史的市街地で、重要伝統的建造物群保存地区に指定されている。中世末期に一向宗の寺内町として成立し江戸時代は商業都市として発展。家々の屋根には魔除けの鬼や破邪と防火の唐獅子、商売繁盛の恵比寿天や大黒天、子孫繁栄の鶴亀など約100ヵ所に意匠を凝らした飾り瓦が見られ、往時の栄華が垣間見える。



Ninja Training Experience

Ninjitsu is a collection of adaptable survival techniques that allows one to face the uncertainties of life and to respond to dangerous situations, through physical and psychological discipline, where one uses orthodox weapons in unorthodox ways. The Iga-style Professional Ninja Group “Kurondo” will teach you Ninjitsu that Ninja’s actually used in the past.



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【Dinner】

Japanese Food Culture Experience (Dinner: Kushiyaki, Okonomiyaki, etc.)

ex. Okonomiyaki Experience

Okonomiyaki is a very popular Japanese savory pancake containing a variety of ingredients. The name comes from the word “Okonomi” which means how you like or what you like. And “Yaki” means grill. It is made with a batter of flour and egg, cabbage, vegetables and meat or seafood.



Kashihara-Jingu Shrine (Formal Worship Service)

Kashihara-Jingu Shrine is a Shinto shrine built in 1889 at the site of the Kashihara-gu where Japan's first emperor, Emperor Jimmu is said to have acceded the throne. A special VIP experience at Kashihara-Jingu Shrine where a Shinto priest will take you inside the inner reverence hall, which is normally closed to the public and perform a special prayer.



Kashihara Archeological Research Institute Museum

We display mainly on the excavated materials of the excavation survey conducted by the Ebara Archaeological Research Institute since 1938. The permanent exhibition, "The Yamato Archeology", is based on the standard materials of Japanese archeology, and has become "the history of Japan to see"



【Lunch】

Kashihara JA
Mahoroba Kitchen

Mahoroba means “Wonderful Place” or “Wonderful Town”.

Mahoroba Kitchen offers one of the largest farmers market in Japan, along with a buffet style restaurant, French restaurant and a food court. JA (Japan Agricultural Cooperative) is organized in every prefecture and municipality throughout the country, based on the principle of mutual cooperation, with the purpose of protecting farming and living of its individual members. Most importantly offering the public a safe and secure product. The buffet style restaurant offers fresh local organic vegetables cooked Japanese style.



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Aikido Experience

Aikido is a modern martial art that was created through a rigorous spiritual training process that draws from the depths of all Japanese martial arts.

You will learn the techniques and spirit of Japan from Yonekawa Shihan (7-dan) of Aikido Manyo Juku.



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■ Sumo Experience at the Sumo Pavilion

Sumo Pavilion in Katsuragi City is where SUMO began. The Sumo Pavilion is named after Taima-No-Kehaya who is said to be the first Sumo wrestler. This is one of the few places where you can actually get on the life-sized Sumo ring and reenact Sumo.

Wear a Mawashi (Belt) and get in the Sumo Dohyo (Ring)!

Or wear a Sumo costume and get silly!

Normally woman are not allowed in the ring. Take advantage of this rare opportunity ladies! Sumo Pavilion in Katsuragi City may be the only place they let you!

This is an experience for all ages and gender.

Experience the National Sport of Japan...SUMO!



Japanese Calligraphy Experience

Early Japanese calligraphy was originated from Chinese calligraphy. 4 basic tools are used in Japanese calligraphy. Sumi, is an ink stick. 90% of sumi are now made in the Nara Prefecture. Fude, is a brush. The famous Nara-Fude originated in Imaicho in Kashihara City, Nara. Washi, is a mulberry paper. Suzuri, is an ink stone to grind the ink stick against. Japanese calligraphy is the ultimate cultural experience.



【Lunch】

Decorative Sushi Roll Making Experience

“Kazarimaki” is a decorative sushi roll. Learn how to choose the right ingredients to make colorful sushi rolls that not only looks amazing but tastes great too. And at the end of the experience, dine on your creations. This is one of the only decorative sushi roll making experience in Japan where tools are not used, all you need is your hands.



nagomi-makiko



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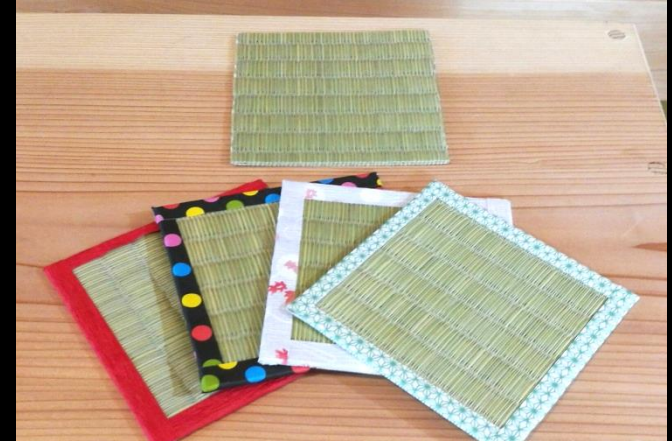
Tea Ceremony Etiquette Experience

The Japanese tea ceremony is a choreographic ritual of preparing and serving Japanese green tea, called Matcha. The whole process is not about drinking tea, but it's about the aesthetics and preparing the tea from one's heart. Learn about the etiquette and history of the tea ceremony at Imaicho Shonen Temple which is a historic site.



Igusa Coaster Making Experience

Igusa is rush, that is used to make tatami, which is a traditional flooring used in Japan. Tatami dates back to more than 1,300 years ago. You will be able to choose from over 30 different Japanese and Western style borders and make your very own Igusa coaster.



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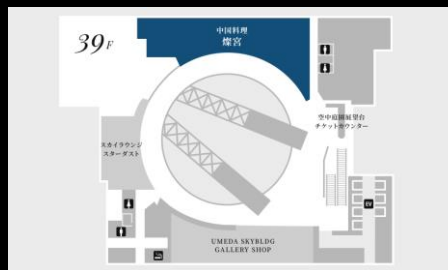
Umeda Sky Building, Sky Garden Observation Deck

The Hanging Garden Observation Deck is located on the roof of the Umeda Sky Building (173 meters high), a well-known landmark in Umeda, Osaka.



Lunch Chinese cuisine `SANGU`

From the 39th floor of the Umeda Sky Building, guests will enjoy authentic Chinese cuisine while gazing at the magnificent view of Osaka below.



Sightseeing In Osaka

Park visit Osaka Castle,
Yodobashi camera
multimedia umda,
Shinsuibashi, Dotonbori Area
etc.

Osaka is the second largest city in Japan after Tokyo. It's known for it's modern architecture, lively nightlife, hearty soul food and friendly people.

Umeda,Shinsuibashi and Dontonbori area are the most popular spots in Osaka.



Kashihara AEON Shopping Mall

AEON Shopping Mall in Kashihara City is the biggest mall in the Kinki Area in Japan. It's the 4th most popular shopping mall in all of Japan. AEON shopping mall has everything from shops to restaurants to a movie theater. It has 230 shops in total. Some of the famous shops include Uniqlo, H&M, Forever 21, Gap, Sanrio, Disney Store, Daiso (¥100 Shop) and Toys R Us. The AEON superstore and some shops like Uniqlo are tax-free.



【Dinner】 (food court/restaurants inside the shopping mall)



AEON × ECONECO × Little Twin Stars

Little Twin Stars Debut Illustrator of the Moment Econeco Takes on Little Twin Stars!
 “Econeco Meets Little Twin Stars” Makeup Accessories Range!
 Visiting Japan? Come shopping at Aeon and check out our limited edition makeup accessories range featuring Little Twin Stars by Econeco!

Deodorizing and Disinfecting Spray for Hard-to-Wash Fabric Items

Produced by Kao Japan

Simple to use!
 Just spray about 15 times
 約15回スプレーするだけ

Keeps PM2.5 off your clothes by anti-static function!
 Formulated with anti-static function agents.

Protect Guard

Protekt Guard
 Fabric Freshener
 衣類の臭いを消す

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Sanrio Made in Japan Hello Kitty

¥3,800-

Sanrio Nail clipper with loupe Hello Kitty

¥1,400-

Sanrio FRIXION BALL three colors pen Hello Kitty

¥900-

With loupe and nail clipping catcher.

Reusable for continuous use "FRIXION PEN"

These products are sold under the following stores:
 AEON LAKE TOWN, AEON NABITA, AEON MAKUHARI NEW CITY, AEON SHINAGAWA SEASIDE, AEON ATSUTA, AEON NAGOYA DOME MAE, AEON KOMATSU, AEON KYOTOKATSURAGAWA, AEON OSAKA DOME CITY, AEON HINENO, AEON RINKUSENNAN, AEON AYAGAWA

*These photos are from FB and Aeon Mall website.

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■ Hotel Accommodation

Candeo Hotels Nara Kashihara



Candeo Hotels Nara Kashihara is located within the newly built Kashihara City Hall building. It's a luxury hotel with cool Japanese designs.



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